

## A1 ABDOGARD ABDOMINAL BINDER INSTRUCTIONS



Wrap binder around abdomen, with straps in the front, tag on back should be facing inside at the top of the garment.



Take the top left Velcro strap, slip it into the slot on the right side of the binder and secure. Repeat for the bottom left strap.



Take the top right Velcro strap and pull it across and attach to the left side of the binder. Repeat for the bottom right strap.



The binder should look like this with the overlap in the front and Velcro straps securely attached.



Back view: your spine should be centered between the two back vertical stays.

**Washing Instructions:** Close all Velcro tabs, hand wash in warm to cool water with mild soap or shampoo. Rinse thoroughly and hang to dry. Do not put in washing machine, dryer, iron or dry clean. This binder does contain latex. It is recommended to wear a thin shirt/camisole underneath the binder. Follow the wear schedule provided by your physician.