

Prosthetic Socks for the Above Knee Prosthesis

Why you need socks:

- The size of your limb will change from day-to-day and throughout each day. This can be caused by swelling, your diet, activity level, and medications.
- Your prosthetic socket does not change in size.
- You can add or remove socks to maintain a snug, comfortable fit.
- If you do not have the correct number of socks on, you can get wounds on your skin and pain in the socket.

How socks work:

- The thickness of the sock is called the “ply”.
- You may receive 1 ply socks (thinnest), 3 ply socks, and 5 ply socks (thickest).
- You can add one sock on top of another sock to fine tune your fit.
 - Example: 5 ply sock + 1 ply sock = 6 ply thickness
- Apply socks one at a time and make sure socks are not wrinkled.
- If you wear a gel liner, add the socks after you put on the gel liner.

You should add socks:

- If you feel pain or see redness in your groin
- If you feel pain or see redness at the bottom of your limb
- If your socket feels too loose
- If your prosthesis feels too short
- If you cannot keep suction or the socket does not stay on (If you wear a seal-in liner)

You should remove socks:

- If your socket feels too tight
- If your prosthesis feels too long

If you wear a locking liner:

- Make sure no threads of the sock cover the pin

If you wear a seal-in liner:

- Fold the seal over the bottom of the socks. Nothing should cover the seal.